

Salford Metropolitan AC

U11's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
75m Girls	Alysha Porter	10.7s	13th August 2006	Wigan
75m Boys	Thomas Wiseman	10.7s	9th August 2009	Wirral (Cheshire League)
	Ben Moseley		19th September 2009	Wigan
150m Girls	Megan Lewis	23.5s	2 nd July 2017	Salford (Cheshire League)
150m Boys	Alex Nnadede	22.7s	2 nd July 2017	Salford (Cheshire League)
600m Girls	Megan Lowe	1:53.1 min	13th July 2008	Deeside (Cheshire League)
600m Boys	Thomas Wiseman	1:46.0 min	21st September 2008	Wigan
Long Jump Girls	Alysha Porter	3.78m	3rd September 2006	East Cheshire (Cheshire League)
Long Jump Boys	Ben Moseley	4.30m	27th June 2010	DASH
Turbo Javelin Girls	Emma Wright	16.95m	7th September 2009	Salford
Turbo Javelin Boys	Harry Steed	26.95m	5th September 2011	Stockport (Cheshire League)
4 x 100m Girls	Leah Niven Elizabeth Higgins Ashleigh Bamber Alysha Porter	62.5s	4th September 2005	Salford (Cheshire League)
4 x 100m Boys	Harry Steed Luke McQueeney Alex Reid Ben Moseley	59.5s	11th July 2010	Salford (Cheshire League)

U13's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
70m Hurdles Girls	Megan Boyden	12.6s	19th July 2014	Oldam YDL
75m Hurdles Boys	Archie Cooper	12.8s	15 th July 2017	YDL (Litherland)
100m Girls	Alysha Porter	13.4s	10th August 2008	Macclesfield (C L)
100m Boys	Ian Loy	13.2s	2002	
150m Girls	Alysha Porter	20.2s	15th June 2008	Stretford
200m Girls	M Collyer	27.3s	1977	
200m Boys	Ian Loy	27.9s	2002	
600m Girls	Megan Lowe	1:44.16 min	29th May 2010	Manchester
600m Boys	Sam Tattum	1:39.8 min	25th May 2009	Stretford
800m Girls	Megan Lowe	2:29.1 min	19th June 2009	Leigh (YAL)
800m Boys	Jonathan Yates	2:20.0 min	10th May 2002	Stretford
1200m Girls	Hollie Barnes	3:55.2 min	16th May 2010	Stockport (YAL)
1500m Girls	A Morrison	5:06.0 min	1986	
1500m Boys	Jonathan Yates	4:48.0 min	2002	
Long Jump Girls	M Parkinson	4.51m	1985	
Long Jump Boys	Nick Armstrong	4.56m	11th June 2007	Salford (Cheshire League)
High Jump Girls	D Wayne	1.43m	1991	
High Jump Boys	Jacob Yakiah	1.38m	20th June 2010	Oldham (YAL)
Javelin Girls	Shelly Holroyd	31.04m	1985	
Javelin Boys	Harry Steed	30.57m	8th September 2013	Salford (Cheshire League)
Shot Putt Girls	Gemma Hallam	7.39m	12th June 2005	Macclesfield (C L)
Shot Putt Boys	Mathew Bell	9.70m	20th July 2003	Bradford (YAL)
Discus Girls	Kikka Scales	20.76m	31st May 2005	Stretford
Discus Boys	Jack Sheldon	17.65m	2007	Stretford
4 x 100m Girls	Isobel Seed Liberty Haywood Megan Greenhalgh Holly Peltier	55.0s	20th May 2012	Macclesfield (YAL)
4 x 100m Boys	Joseph Eyles Thomas Wiseman Mathew McQueeney James Axon	57.3s	26th June 2011	Stockport (Cheshire League)

U15's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Girls	Alana Birch	8.54s	6th March 2016	Sportcity
60m Boys	Archie Cooper	8.32s	10 th March 2018	Sportcity
100m Girls	Naomi Ogbeta	12.8s	29th July 2012	M60 Trophy Trafford
100m Boys	Jordan Jones	11.8s	18th July 2015	Sportcity (YDL)
200m Girls	N Bentley	26.6s	2001	
200m Boys	Alistair Roome	24.02s	2nd July 2011	Gateshead (ESAA)
60m Hurdles Girls	Alana Birch	10.65s	10th January 2016	Sportcity
60m Hurdles Boys	Archie Cooper	9.69s	18 th March 2018	Sportcity
75m Hurdles Girls	Emily Lucas	12.7s	16th September 2007	Wakefield
80m Hurdles Boys	Stephen Watt	12.2s	1993	
300m Girls	Alana Birch	45.04s	20th December 2015	Sportcity
300m Boys	Mustafa Mohamed	40.5s	29th July 2012	M60 Trophy Trafford
400m Boys	Dougal McDermott	64.9s	25th July 2015	Leigh
600m Girls	Jacqueline Fairchild	1:47.1 min	10th March 2003	Blackpool
600m Boys	Sam Tattum	1:39.8 min	25th May 2009	Trafford
800m Girls	M Dineen	2:17.6 min	1980	
800m Boys	Robert Edwards	2:09.9 min	5th September 2004	Salford (Cheshire League)
1500m Girls	Francis Cooper	4:53.0 min	1980	
1500m Boys	Robert Edwards	4:27.9 min	12th June 2004	GMSAA Champs
3000m Girls	Lucy Whittaker	12:48.5 min	14th March 2010	Blackpool
3000m Boys	Robert Edwards	10:07.7 min	6th June 2004	Oldham (YAL)
Long Jump Girls	N Howarth	5.00m	1989	
Long Jump Boys	Matthew McQueeney	5.54m	14th July 2013	Bury (Cheshire League)
High Jump Girls	L Shaw	1.60m	1988	
High Jump Boys	Matthew McQueeney	1.68m	8th September 2013	Salford (Cheshire League)
Pole Vault Boys	Ben Farrelly	2.20m		
Javelin Girls	Shelly Holroyd	35.35m	1986	
Javelin Boys	Matthew McQueeney	37.06m	13th July 2013	Manchester (YDL)
Shot Put Girls	J Galligan	11.46m	1986	
Shot Put Boys	Matthew Bell	10.84m	4th September 2005	Salford (Cheshire League)
Discus Girls	Freya Dooner	28.88m	8th September 2013	Salford (Cheshire League)
Discus Boys	Nicholas Jolly	32.39m	26th June 2005	Hyndburn (YAL)

Hammer Girls	Freya Dooner	26.68m	11th May 2013	GMAA Champs Trafford
Hammer Boys	Luke Burgess	17.53m	20th June 2008	Stockport (YAL)
4 x 100m Girls	L O'Brien, M Johnson L Shaw, L Rutter	52.5s	1987	
4 x 100m Boys	Mustafa Mohamed Ivan Encarnacao Omar Salih Abel Tsegay	51.7s	29th July 2012	M60 Trophy Trafford

U17's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Boys	Jordan Jones	7.71s	6th December 2015	Sportcity
60m Girls	Alana Birch	8.41s	14 th January 2018	Northern Champs (Sheffield)
60m Hurdles Girls	Alana Birch	9.78	13 th January 2018	Northern Champs (Sheffield)
100m Girls	A Holland	12.6s	1988	
100m Boys	Lewis Hickson	11.2s	8th June 2013	Championships (GMSAA)
100m Hurdles Boys	Daniel Hughes	15.0s	2000	
80m Hurdles Girls	Alana Birch	12.7s	29th April 2018	Upper YDL (Bury)
200m Girls	Naomi Ogbeta	25.7s	8th June 2013	Championships (GMSAA)
200m Boys	Alistair Roome	23.5s	8th June 2013	Championships (GMSAA)
	Jordan Jones		6th August 2016	Crewe (NOEAA)
	Scott Dunbar		9th August 2009	Wirral (Cheshire League)
300m Girls	Hannah Mullen	42.6s	26th June 2005	Hyndburn (YAL)
300m Boys	Dougal McDermott	45.02	20th December 2015	Sportcity
300m Hurdles Girls	Zoe Leighton	51.3s	3rd June 2007	Salford (YAL)
400m Girls	Isobel Seed	65.7s	8 th August 2015	Trafford (NOEAA)
400m Boys	Thomas Gerrard	53.2s	7th July 2013	Salford NOEAA
400m Hurdles Girls	Isobel Seed	80.1s	6th June 2015	Crewe (NOEAA)
400m Hurdles Boys	Barry Thomas	59.0s	1991	
600m Girls	Patricia Lewis	1:48.3 min	8th September 2008	Salford
600m Boys	Scott Dunbar	1:29.9 min	8th September 2008	Salford
800m Girls	D Cooper	2:17.8 min	1976	Championships (GMSAA)
800m Boys	Robert Edwards	2:00.1 min	30th July 2006	Bury (Cheshire League)
1500m Girls	Francis Cooper	4:53.0 min	1980	

1500m Boys	Robert Edwards	4:19.9 min	18th June 2006	Salford (Cheshire League)
1500m SC Boys	Nathan Cooper	5:31.8 min	19th July 2009	Leigh (YAL)
3000m Girls	Leanne Sheehy	11:10.5 min	2nd September 2007	Salford (Cheshire League)
3000m Boys	Robert Edwards	9:48.9 min	8th May 2005	Burnley (YAL)
Pentathlon Girls	Alana Birch	2768 points	10 th March 2018	Sheffield
Heptathlon Girls	Alana Birch	3513 points	13 August 2017	Cudworth
4 x 100m Girls	M Johnson, L Shaw L Rutter, A Holland	51.5s	1989	
4 x 100m Relay Boys	Lewis Hickson Thomas Gerrard Lemuel Payne Alistair Roome	48.9s	22nd April 2012	Stockport (Cheshire League)
4 x 300m Relay Girls	Rachel Carney Lucy Mathews Leah Niven Rebecca Foster	3:31.1 min	8th May 2011	Clayton-le-Moors (YAL)
4 x 400m Relay Boys	R Edwards, M Carney M Hulme, A Shepley	4:05.1 min	26th June 2008	Hyndburn YAL
Long Jump Girls	C Sutton	5.33m	1990	
Long Jump Boys	Daniel Hughes	6.27m	2000	
Triple Jump Girls	Isobel Seed	10.09m	6 th August 2016	Crewe (NOEAA)
Triple Jump Boys	Thomas Gerrard	12.83m	28th April 2013	Stockport (YDL Upper)
High Jump Girls	L Shaw	1.69m	1989	
High Jump Boys	Matthew McQueeney	1.75m	6th July 2014	Salford (Cheshire League)
Pole Vault Girls	Emilie Cooper	1.75m	3rd July 2011	Wrexham NOEAA
Pole Vault Boys	Mark Crowther	3.00m	1986	
Javelin Girls	S Holroyd	35.35m	1986	
Javelin Boys	Matthew McQueeney	44.34m	6th July 2014	Salford (Cheshire League)
Shot Put Girls	Alana Birch	10.59m	14 th January 2018	Northern Champs (Sheffield)
Shot Put Boys	Harry Benn	10.28m	26th June 2011	Stockport (Cheshire League)
Discus Girls	J Galligan	27.40m	1986	
Discus Boys	Nathan Cooper	22.49m	7th June 2009	Championships (GMAA)
Hammer Boys	Nathan Cooper	21.28m	15th August 2010	Warrington

U20's - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Women	Emma Wright	8.93s	20th December	Sportcity
60m Hurdles Women	Charlotte Morley	12.79s	22nd March 2015	Sportcity
100m Women	A Holland	12.6s	1988	
100m Men	Lewis Hickson	11.4s	19th April 2015	Warrington (UYDL)
100m Hurdles Women	Emily Lucas	19.6s	6th June 2009	Halifax (NOEAA)
110m Hurdles Men	Daniel Hughes	15.0s	2000	
200m Women	A Holland	25.9s	1989	
200m Men	Lewis Hickson	23.0s	14th June 2014	GM Schools Champs Trafford
400m Women	Mia Shana	65.8s	7th May 2016	Salford (NOEAA)
400m Men	Lewis Hickson	52.0s	3rd May 2015	Deeside (NOEAA)
400m Hurdles Women	Zoe Leighton	72.9s	2007	
400m Hurdles Men	Barry Thomas	59.0s	1991	
800m Women	M Dinneen	2:17.6 min	1980	
800m Men	Robert Edwards	1:58.1 min	2008	
1500m Women	D Cooper	4:50.0 min	1981	
1500m Men	Robert Edwards	4:10.6 min	2nd May 2009	Stockport (NOEAA)
3000m Women	Leanne Sheehy	10:54.1 min	2008	
3000m Men	Robert Edwards	9:15.0 min	19th April 2009	Deeside (Cheshire League)
3000m S/Chase Men	Usmaan Dar	14:03.3 min	3rd July 2016	Salford (NOEAA)
Long Jump Women	C Sutton	5.62m	1991	
Long Jump Men	Daniel Hughes	6.27m	2000	
Triple Jump Women	Emma Wright	10.17m	25 th June 2017	Upper YDL (Warrington)
Triple Jump Men	Thomas Gerrard	12.45m	14th July 2013	Bury (Cheshire League)
High Jump Women	L Shaw	1.69m	1989	
High Jump Men	Daniel Hughes	1.70m	2000	
Pole Vault Women	Emilie Cooper	1.80m	26th May 2012	Stockport (NOEAA)
Pole Vault Men	Mark Crowther	3.00m	1986	
Javelin Women	Patricia Lewis	17.48m	6th February 2011	Lee Valley
Javelin Men	Ellis Cooper	43.17m	3rd August 2013	Salford (NOEAA)
Shot Put Women	Joanne Mortimer	11.27m	2008	(Cheshire League)
Shot Put Men	Lewis Hickson	7.03m	7th September 2014	Connahs Quay (CL)
Discus Women	J Galligan	27.40m	1986	

Discus Men	Nathan Cooper	19.77m	23rd May 2010	NJAL Leigh
Hammer Women	Sarah Cooper	23.05m	15th August 2010	Warrington
Hammer Men	Nathan Cooper	13.20m	2nd May 2009	Stockport NOEAA
4 x 100m Relay Women	L O'Brien, K Thornley L Shaw, A Holland	51.5s	1988	
	M Johnson, L Shaw L Rutter, A Holland		1989	
4 x 100m Relay Men	M Bell, R Edwards M Hulme, M Carney	50.3s	18th June 06	Salford (Cheshire League)
3 x 800m Relay Women	S Darlington J Neill, T Jones	7:59.7 min	1981	
4 x 400m Relay Men	R Edwards, M Bell S Dunbar, L Kenny	3:48.1 min	2nd May 2009	Stockport NOEAA

SENIORS - CLUB RECORDS - TRACK AND FIELD

Event	Name	Time/Distance	Date	Venue
60m Women	Chidinma Agwu	8.25s	14th January 2017	Northern Indoor Champs (Sheffield)
60m Men	Stephen Lightfoot	7.66s	9th March 2013	Lee Valley (British Masters)
100m Women	A Holland	12.6s	1988	
100m Men	Ryan Stringer	11.5s	3rd July 2016	Salford (NOEAA)
	Matthew Aiyegbusi			
100m Hurdles Women	Chidinma Agwu	17.5s	3rd July 2016	Salford (NOEAA)
110m Hurdles Men	Oliver Brereton	18.7s	6 th May 2017	Whitehaven (NOEAA)
200m Women	Hannah Mullen	25.9s	17th July 2005	Wigan (YAL)
	A Holland		1989	
200m Men	Ryan Stringer	23.2	3rd July 2016	Salford (NOEAA)
300m Women	Olivia McDermott	44.40	2015	Sportcity
400m Women	Olivia McDermott	59.83s	11th June 2016	Sportcity (Northern Champs)
400m Men	Ryan Stringer	52.9s	3rd July 2016	Salford (NOEAA)
400m Hurdles Women	Zoe Leighton	72.9s	2007	
400m Hurdles Men	Barry Thomas	59.0s	1991	
600m Women	Olivia McDermott	1:40.04s	2015	Sportcity
600m Men				
800m Women	M Dinneen	2:17.6 min	1980	

800m Men	Robert Edwards	1:58.1 min	2008	
1500m Women	D Cooper	4:50.0 min	1981	
1500m Men	Robert Edwards	4:10.6 min	2nd May 2009	Stockport (NOEAA)
3000m SC Men	Nathan Cooper	12:00.1 min	2009	Trafford (NOEAA)
3000m Women	Leanne Sheehy	10:54.1 min	2008	
3000m Men	Robert Edwards	9:15.0 min	19th April 2009	Deeside (Cheshire League)
5000m Men	James Burke	17:43.2 min	7th June 2014	Salford (NOEAA)
4 x 100m Relay Women	M Johnson, L Shaw L Rutter, A Holland	51.5s	1989	
4 x 300m Women	R Parry, O McDermott C Glewis, P Lewis	3:23.3 min	2009	
4 x 100m Relay Men	M Hulme, S Lightfoot A O'Connell, L Hickson	46.0s	6th Sept 2015	Salford (Cheshire League)
4 x 400m Relay Men	T Gerrard, L Hickson S Lightfoot, A O'Connell	3:43.9 min	7th July 2013	Salford (NOEAA)
4 x 400m Women	S Darlington, D Cooper L Broomhead, J Neil	4:09.0 min	1984	
Long Jump Women	C Sutton	5.62m	1991	
Long Jump Men	Daniel Hughes	6.27m	2000	
Triple Jump Women	Rebecca Parry	9.29m	2009	Stockport (NOEAA)
Triple Jump Men	Matthew Hulme	12.25m	14th August 2011	Wrexham
High Jump Women	L Shaw	1.69m	1989	
High Jump Men	Daniel Hughes	1.70m	2000	
Pole Vault Women	Chidinma Agwu	2.20m	3rd July 2016	Salford (NOEAA)
Pole Vault Men	Mark Crowther	3.00m	1986	
Javelin Women	Shelly Holroyd	35.35m		
Javelin Men	Ellis Cooper	43.46m	10 th May 2015	Salford (Cheshire League)
Shot Put Women	Joanne Mortimer	11.27m	2008	(Cheshire League)
Shot Put Men	John Isherwood	11.06m	6 th June 2018	Sportcity Joe Moran Mem Vets
Discus Women	J Galligan	27.40m	1986	
Discus Men	John Isherwood	29.53m	3 rd June 2018	Sportcity (NOEAA)
Hammer Women	Sarah Cooper	23.05m	15th August 2010	Warrington
Hammer Men	Derek Martin	30.87m	9th August 2014	Wrexham (NOEAA)